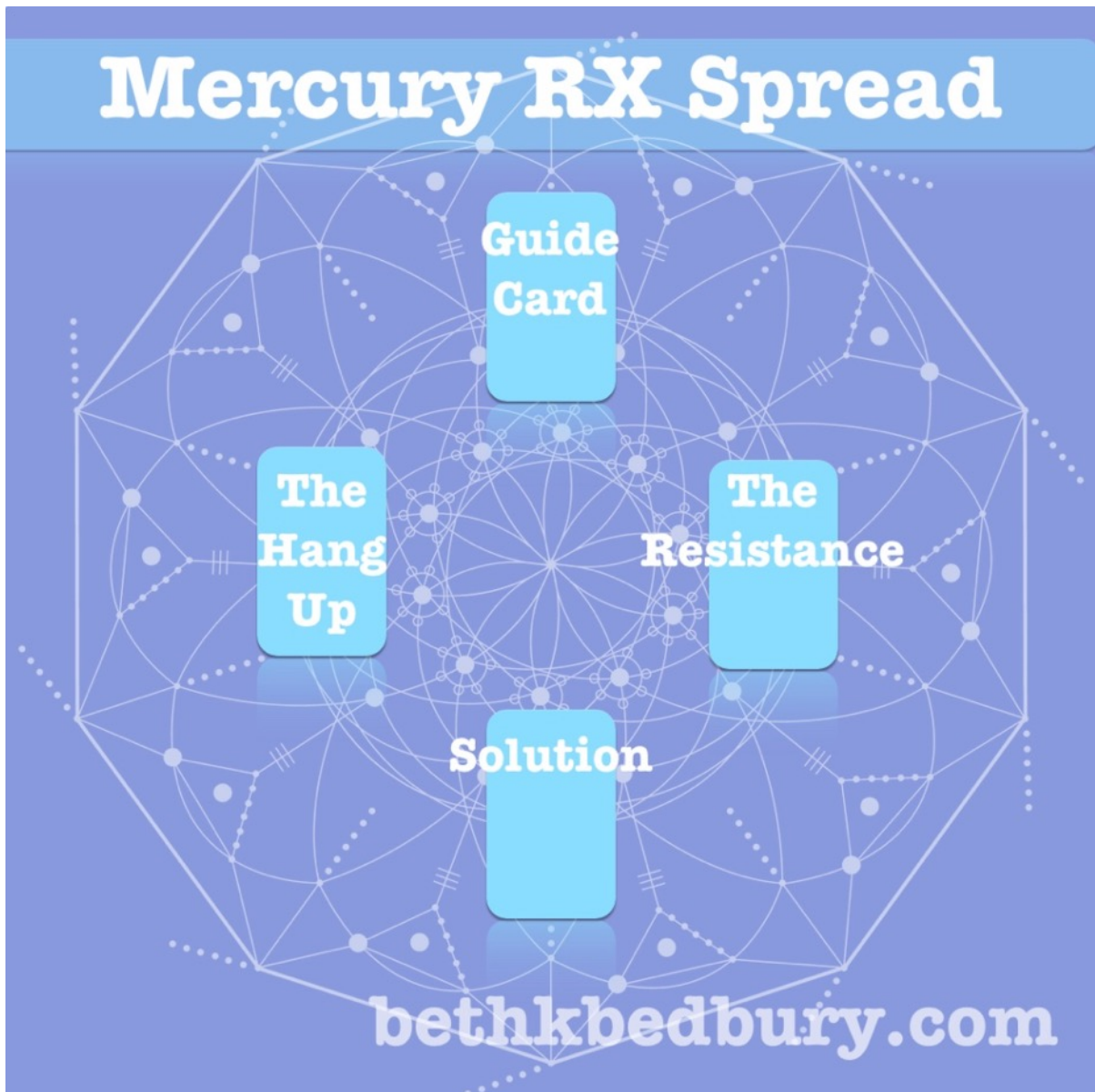




Let go and be clear!





Tarot & Oracle Card Spread

Don't worry about understanding your reading all at once. Let it unfold and see what it has for you. It is a guide to help you work through any resistance popping up.

Ritual to Let it Go

Supplies

Water

Salt

Incense of choice

Take a moment to get centered and know your purpose. What do you need to let go of? What do you want to get out of that? Can it help ease up this retrograde?

Mix the salt into the water and hold it. Picture white light from your hands going into it. Dip your fingers into the salt and water put sprinkle on the top of your head repeat at your third eye, throat, heart, solar plexus, belly button, and root chakra.

Now light your incense and feel it charged with the same white light. Swirl it around you cleansing each chakra. Like you did with the salt water. Let it purify you.

Let yourself feel the difference in energy now that you have cleared your chakra energy. Keep breathing!

Feel what is holding you back. You don't need a name, if you don't have one. All you have to do feel is what is holding where you are. Feel it and when you are ready send off. Imagine pushing it off with compassion into the universe.

Repeat the salt water and incense clearing.

Now say to yourself.

I release what is no longer mine with kindness and compassion. I set it free that I may find clarity in my life and soul.

I am clear and understand the information that comes to me. I know how to take care of myself and make time for me. My perception of what is, is clear and the way is known. I am open and clear to receiving. My path is clear and I walk it with intention.

So mote it be!

Make sure to write down your insights, they will fade!

Thought Prompts

What do you think when you know Mercury is going retrograde? Is it an oh fuzz or do you find opportunity here?

Do you take time to make sure you are understood or that you understand? How can this help make life easier?

How did you feel before the ritual? How did you feel afterwards? What did you let go of? How can you keep yourself on track?

What can you do to foster ease in during Mercury Retrograde? Think little and small.

Did you feel anything in your body as you listened to the light language transmission? Remember it engage your main clair. when listening.

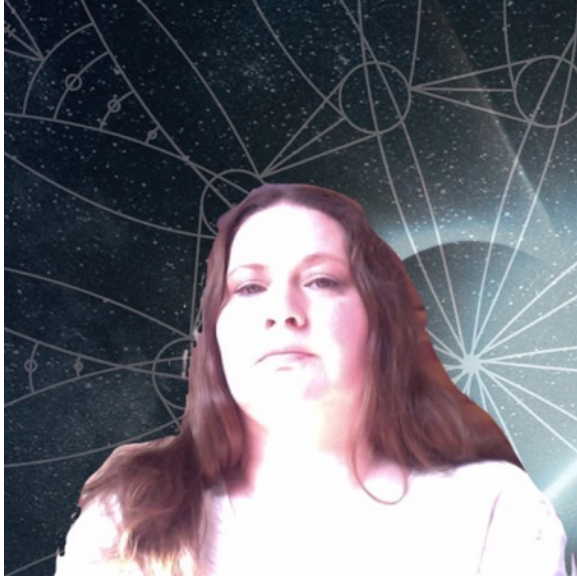
What resonated or stood out in the energy reading for Mercury RX for you? Can you see it or is it puzzling? Where can you let it emerge?

Mercury RX ends March 28th what would you like to accomplish with in that time frame? Can you be compassionate about this?

What changed during this time frame? Where do you want to take what you learned?

Notes

Hello there my name is Beth.



I work with the arcane and the unseen to create change. I am my greatest experiment all that I do here has been used by me, on me, to morph, to create flow, and grace in my life. To find the balance in the Void where Heart and Will are one. At-One-Ment.

What empowers creates compassion for the self and that expands out to infinity.

There was a point when I realized all I could do was change me. The fact is, all anyone can do is change themselves. You can run, you can try to hide what is welling up in you, but, the truth is you can't. It will still be there.

You can't run because it is part of you.

I help you feel safe to explore your change.

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